

# ALLERGEN AND NUTRITION INFORMATION



# **Allergen Information**

		PRESENT IN PRODUCT							
PRODUCT	Milk	Eggs	Wheat	Soy	Peanuts	Tree Nuts	Fish	Shellfish	
Chocolate Chip	YES	YES	YES	YES	YES	YES	NO	NO	
Oatmeal Raisin	YES	YES	YES	YES	YES	YES	NO	NO	
Old Fashion Sugar Cookie	YES	YES	YES	YES	YES	YES	NO	NO	
Peanut Butter	YES	YES	YES	YES	YES	YES	NO	NO	
White Chunk Macadamia Nut	YES	YES	YES	YES	YES	YES	NO	NO	
Double Chocolate Chunk	YES	YES	YES	YES	YES	YES	NO	NO	
M&M®	YES	YES	YES	YES	YES	YES	NO	NO	
Red Velvet Cookie	YES	YES	YES	YES	YES	YES	NO	NO	
Snickerdoodle	YES	YES	YES	YES	YES	YES	NO	NO	
Carnival	YES	YES	YES	YES	YES	YES	NO	NO	

#### PRESENT IN OTHER PRODUCTS MANUFACTURED ON THE SAME LINE

PRODUCT	Milk	Eggs	Wheat	Soy	Peanuts	Tree Nuts	Fish	Shellfish
Chocolate Chip	YES	YES	YES	YES	YES	YES	NO	NO
Oatmeal Raisin	YES	YES	YES	YES	YES	YES	NO	NO
Old Fashion Sugar Cookie	YES	YES	YES	YES	YES	YES	NO	NO
Peanut Butter	YES	YES	YES	YES	YES	YES	NO	NO
White Chunk Macadamia Nut	YES	YES	YES	YES	YES	YES	NO	NO
Double Chocolate Chunk	YES	YES	YES	YES	YES	YES	NO	NO
M&M®	YES	YES	YES	YES	YES	YES	NO	NO
Red Velvet Cookie	YES	YES	YES	YES	YES	YES	NO	NO
Snickerdoodle	YES	YES	YES	YES	YES	YES	NO	NO
Carnival	YES	YES	YES	YES	YES	YES	NO	NO

#### PRESENT IN THE SAME MANUFACTURING PLANT

PRODUCT	Milk	Eggs	Wheat	Soy	Peanuts	Tree Nuts	Fish	Shellfish
Chocolate Chip	YES	YES	YES	YES	YES	YES	NO	NO
Oatmeal Raisin	YES	YES	YES	YES	YES	YES	NO	NO
Old Fashion Sugar Cookie	YES	YES	YES	YES	YES	YES	NO	NO
Peanut Butter	YES	YES	YES	YES	YES	YES	NO	NO
White Chunk Macadamia Nut	YES	YES	YES	YES	YES	YES	NO	NO
Double Chocolate Chunk	YES	YES	YES	YES	YES	YES	NO	NO
M&M⊛	YES	YES	YES	YES	YES	YES	NO	NO
Red Velvet Cookie	YES	YES	YES	YES	YES	YES	NO	NO
Snickerdoodle	YES	YES	YES	YES	YES	YES	NO	NO
Carnival	YES	YES	YES	YES	YES	YES	NO	NO

Eggs: eggs or egg products

Milk: milk or milk products (includes whey, lactose, casein, milk, cream)

Peanuts: peanuts or peanut products

Fish: (includes fish surimi, cod, pollok, whitefish)

Shellfish: shellfish and crustaceans (shrimp, lobster, crab, clams, mussels, oysters, scallops, snails, etc.)

Soy: soybeans or soybean products (includes soya powder, protein, oil, lecithin, tofu)

Wheat: wheat or wheat products (includes Gluten) including durum wheat, club wheat, spelt, semolina, einkorn, emmer, kamut, triticale, or rye, barley, and oats

**Tree Nuts:** almond, beech, brazil nut, butternut, cashew, chestnut (Chinese, American, European, Sequin) chinquapin, coconut, filbert/hazelnut, ginko nut, hickory nut, lichee nut, macadamia/bush, pecan, pine/pinon nut, pili nut pistachio, sheanut, walnut (English, Persian, Black, Japanese, California), heartnut, butternut

**Disclaimer:** All data presented in this document is based upon standard product mixes and does not factor in customizations and other variables, such as (but not limited to) different types, brands, manufacture time or quantity mixed. Due to various sourcing of products, the ingredient statements do not include consumables such as (but not limited to) whipped cream, drizzles, or milk information. While we make every effort to ensure current and accurate data, it is ultimately the sole responsibility of the consumer to confirm the accuracy of their choices.

COOKIES

COOKIES

COOKIES



# **Allergen Information**

		PRESENT IN PRODUCT								
PRODUCT	Milk	Eggs	Wheat	Soy	Peanuts	Tree Nuts	Fish	Shellfish		
Vanilla	YES	NO	NO	NO	NO	NO	NO	NO		
Chocolate	YES	NO	NO	NO	NO	NO	NO	NO		
Strawberry	YES	NO	NO	NO	NO	NO	NO	NO		
Vanilla Bean	YES	NO	NO	NO	NO	NO	NO	NO		
Chocolate Chip Cookie Dough	YES	NO	YES	YES	NO	YES	NO	NO		
Cookies N' Cream	YES	NO	YES	YES	NO	NO	NO	NO		
Mint Chocolate Chip	YES	NO	NO	YES	NO	NO	NO	NO		
Caramel Caribou	YES	NO	NO	YES	NO	YES	NO	NO		
White Chocolate Rasberry Fudge	YES	NO	NO	YES	NO	YES	NO	NO		

#### PRESENT IN OTHER PRODUCTS MANUFACTURED ON THE SAME LINE

PRODUCT	Milk	Eggs	Wheat	Soy	Peanuts	Tree Nuts	Fish	Shellfish
Vanilla	YES	YES	YES	YES	YES	YES	NO	NO
Chocolate	YES	YES	YES	YES	YES	YES	NO	NO
Strawberry	YES	YES	YES	YES	YES	YES	NO	NO
Vanilla Bean	YES	YES	YES	YES	YES	YES	NO	NO
Chocolate Chip Cookie Dough	YES	YES	YES	YES	YES	YES	NO	NO
Cookies N' Cream	YES	YES	YES	YES	YES	YES	NO	NO
Mint Chocolate Chip	YES	YES	YES	YES	YES	YES	NO	NO
Caramel Caribou	YES	YES	YES	YES	YES	YES	NO	NO
White Chocolate Rasberry Fudge	YES	YES	YES	YES	YES	YES	NO	NO

PRODUCT	Milk	Eggs	Wheat	Soy	
Vanilla	YES	YES	YES	YES	Ι
Chocolate	YES	YES	YES	YES	Ι
Strawberry	YES	YES	YES	YES	Γ
Vanilla Bean	YES	YES	YES	YES	Ι
Chocolate Chip Cookie Dough	YES	YES	YES	YES	T
Cookies N' Cream	YES	YES	YES	YES	Ι
Mint Chocolate Chip	YES	YES	YES	YES	Ι
Caramel Caribou	YES	YES	YES	YES	I
White Chocolate Rasberry Fudge	YES	YES	YES	YES	I

#### PRESENT IN THE SAME MANUFACTURING PLANT

Peanuts

YES

YES

YES

YES

YES

YES

YES YES

YES

Nuts

Tree

YES

YES

YES

YES

YES

YES

YES

YES

YES

Fish

NO

NO

NO

NO

NO

NO

NO

NO

NO

Shellfish

NO

NO

NO

NO

NO

NO

NO

NO

NO

Eggs: eggs or egg products

Milk: milk or milk products (includes whey, lactose, casein, milk, cream)

Peanuts: peanuts or peanut products

Fish: (includes fish surimi, cod, pollok, whitefish)

Shellfish: shellfish and crustaceans (shrimp, lobster, crab, clams, mussels, oysters, scallops, snails, etc.)

Soy: soybeans or soybean products (includes soya powder, protein, oil, lecithin, tofu)

Wheat: wheat or wheat products (includes Gluten) including durum wheat, club wheat, spelt, semolina, einkorn, emmer, kamut, triticale, or rye, barley, and oats

Tree Nuts: almond, beech, brazil nut, butternut, cashew, chestnut (Chinese, American, European, Sequin) chinquapin, coconut, filbert/hazelnut, ginko nut, hickory nut, lichee nut, macadamia/bush, pecan, pine/pinon nut, pili nut pistachio, sheanut, walnut (English, Persian, Black, Japanese, California), heartnut, butternut

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ICE CREAM



# **Allergen Information**

PRESENT IN PRODUCT

	PRODUCT	Milk	Eggs	Wheat	Soy	Peanuts	Tree Nuts	Fish	Shellfish
	Vanilla	YES	NO	NO	NO	NO	NO	NO	NO
	Dutch Chocolate	YES	NO	NO	NO	NO	NO	NO	NO
	Strawberry	YES	NO	NO	NO	NO	NO	NO	NO
	Vanilla Bean	YES	NO	NO	NO	NO	NO	NO	NO
	Milk Chocolate	YES	NO	NO	NO	NO	NO	NO	NO
	Cake Batter	YES	NO	NO	NO	NO	NO	NO	NO
	Chocolate Chip Cookie Dough	YES	NO	YES	YES	NO	NO	NO	NO
	Cinnamon	YES	NO	NO	NO	NO	NO	NO	NO
	Cookies & Cream	YES	NO	YES	YES	NO	NO	NO	NO
	Cotton Candy	YES	NO	NO	NO	NO	NO	NO	NO
_	Sea Salt Caramel	YES	NO	NO	NO	NO	NO	NO	NO

#### PRESENT IN OTHER PRODUCTS MANUFACTURED ON THE SAME LINE

PRODUCT	Milk	Eggs	Wheat	Soy	Peanuts	Tree Nuts	Fish	Shellfish
Vanilla	YES	YES	YES	YES	YES	YES	NO	NO
Dutch Chocolate	YES	YES	YES	YES	YES	YES	NO	NO
Strawberry	YES	YES	YES	YES	YES	YES	NO	NO
Vanilla Bean	YES	YES	YES	YES	YES	YES	NO	NO
Milk Chocolate	YES	YES	YES	YES	YES	YES	NO	NO
Cake Batter	YES	YES	YES	YES	YES	YES	NO	NO
Chocolate Chip Cookie Dough	YES	YES	YES	YES	YES	YES	NO	NO
Cinnamon	YES	YES	YES	YES	YES	YES	NO	NO
Cookies & Cream	YES	YES	YES	YES	YES	YES	NO	NO
Cotton Candy	YES	YES	YES	YES	YES	YES	NO	NO
Sea Salt Caramel	YES	YES	YES	YES	YES	YES	NO	NO

#### PRESENT IN THE SAME MANUFACTURING PLANT

PRODUCT	Milk	Eggs	Wheat	Soy	Peanuts	Tree Nuts	Fish	Shellfish
Vanilla	YES	YES	YES	YES	YES	YES	NO	NO
Dutch Chocolate	YES	YES	YES	YES	YES	YES	NO	NO
Strawberry	YES	YES	YES	YES	YES	YES	NO	NO
Vanilla Bean	YES	YES	YES	YES	YES	YES	NO	NO
Milk Chocolate	YES	YES	YES	YES	YES	YES	NO	NO
Cake Batter	YES	YES	YES	YES	YES	YES	NO	NO
Chocolate Chip Cookie Dough	YES	YES	YES	YES	YES	YES	NO	NO
Cinnamon	YES	YES	YES	YES	YES	YES	NO	NO
Cookies & Cream	YES	YES	YES	YES	YES	YES	NO	NO
Cotton Candy	YES	YES	YES	YES	YES	YES	NO	NO
Sea Salt Caramel	YES	YES	YES	YES	YES	YES	NO	NO

Eggs: eggs or egg products

Milk: milk or milk products (includes whey, lactose, casein, milk, cream)

Peanuts: peanuts or peanut products

Fish: (includes fish surimi, cod, pollok, whitefish)

Shellfish: shellfish and crustaceans (shrimp, lobster, crab, clams, mussels, oysters, scallops, snails, etc.)

Soy: soybeans or soybean products (includes soya powder, protein, oil, lecithin, tofu)

Wheat: wheat or wheat products (includes Gluten) including durum wheat, club wheat, spelt, semolina, einkorn, emmer, kamut, triticale, or rye, barley, and oats

Tree Nuts: almond, beech, brazil nut, butternut, cashew, chestnut (Chinese, American, European, Sequin) chinquapin, coconut, filbert/hazelnut, ginko nut, hickory nut, lichee nut, macadamia/bush, pecan, pine/pinon nut, pili nut pistachio, sheanut, walnut (English, Persian, Black, Japanese, California), heartnut, butternut

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ICE CREAM

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#### CHOCOLATE CHIP

**Beverly Ann's** 

NUTRITION FACTS						
SERVING SIZE	1 Cookie (1.50 oz.) (43g)					
Amount per serving Calories	190					
	%Daily Value*					
Total Fat 9g	12%					
Saturated Fat 4g	20%					
Trans Fat Og						
Cholesterol 10mg	3%					
Sodium 220mg	10%					
Total Carbohydrate 27g	10%					
Dietary Fiber 1g	4%					
Total Sugars 16g						
Includes 16g Added S	ougars <b>32%</b>					
Protein 2g						
Vitamin D Omcg	0%					
Calcium 14mg	2%					
Iron 1mg	6%					
Potassium 61mg	2%					
*The % Daily Value tells you hov sering of food contributes to a da a day is used for general nutritor	aily diet. 2,000 calories					
Calories per gram: Fat 9 • Carbohydrate	e 4 • Protein 4					

**Ingredients:** Enriched Wheat Flour (bleached and unbleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, and folic acid), Chocolate Chips (sugar, chocolate, cocoa butter, milk fat, soy lecithin, vanillin, salt), Sugar, O Trans Fat Palm Soy Blend Margarine (soybean oil and/or palm oil, water, salt, mono and diglycerides, soy lecithin, natural flavor, annatto color, vitamin A palmitate), Butter, Water, Invert Sugar, Eggs (pasteurized), Molasses, Modified Food Starch, Nonfat Dry Milk, Baking Soda, Salt, Whey Protein, N & A Flavoring, Soy Lecithin, Guar Gum.

Contains Egg, Milk, Soy, Wheat. (May contain trace amounts of treenuts and peanuts)

#### OATMEAL RAISIN

NUTRITION FACTS						
SERVING SIZE	1 Cookie (1.50 oz.) (43g)					
Amount per serving Calories	170					
	%Daily Value*					
Total Fat 5g	6%					
Saturated Fat 2g	10%					
Trans Fat Og						
Cholesterol 10mg	3%					
Sodium 140mg	6%					
Total Carbohydrate 28g	10%					
Dietary Fiber 1g	4%					
Total Sugars 16g						
Includes 10g Added S	Sugars <b>20%</b>					
Protein 2g						
Vitamin D Omcg	0%					
Calcium 13mg	2%					
Iron 1mg	6%					
Potassium 120mg	2%					
*The % Daily Value tells you ho sering of food contributes to a d a day is used for general nutrito	aily diet. 2,000 calories					
Calories per gram: Fat 9 • Carbohydrate	e 4 • Protein 4					

**Ingredients:** Rolled Oats, Sugar, Raisins, Enriched Wheat Flour (bleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, and folic acid), O Trans Fat Palm Soy Blend Margarine (soybean oil and/or palm oil, water, salt, mono and diglycerides, soy lecithin, natural flavor, annatto color, vitamin A palmitate), Butter, Invert Sugar, Eggs (pasteurized), Water, Molasses, Whey Protein, Baking Soda, Salt, Soy Lecithin, N & A Flavoring.

Contains Egg, Milk, Soy, Wheat. (May contain trace amounts of treenuts and peanuts)

### **SUGAR COOKIE**

NUTRITION FACTS						
SERVING SIZE 1 Cookie	e (1.50 oz.) (47g)					
Amount per serving Calories	200					
%Dail	y Value*					
Total Fat 7g	9%					
Saturated Fat 2.5g	13%					
Trans Fat Og						
Cholesterol 5mg	2%					
Sodium 210mg	9%					
Total Carbohydrate 30g	11%					
Dietary Fiber Og	0%					
Total Sugars 17g						
Includes 16g Added Sugars	32%					
Protein 2g						
Vitamin D Omcg	0%					
Calcium 17mg	2%					
Iron 1mg	6%					
Potassium 36mg	0%					
*The % Daily Value tells you how much a nu sering of food contributes to a daily diet. 2,0 a day is used for general nutriton advice						
Calories per gram: Fat 9 • Carbohydrate 4 • F	Protein 4					

**Ingredients:** Sugar Cookie [Enriched Wheat Flour (bleached and unbleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin and folic acid), Sugar, O Trans Fat Palm Soy Blend Margarine (soy bean oil and/or palm oil, water, salt, mono and Diglycerides, soy lecithin, natural flavor, annatto color, vitamin A Palmitate), Eggs (pasteurized), Nonfat Dry Milk, Modified Food Starch, Whey Protein, Invert Sugar, Salt, Baking Soda, Soy Lecithin, N & A Flavoring,-Natural Flavor, Guar Gum], White Sanding Sugar (sugar, carnauba wax).

Contains Egg, Milk, Peanut, Soy, Tree Nuts, Wheat. (May contain trace amounts of treenuts and

peanuts)

#### PEANUT BUTTER

Beverly Ann's

NUTRITION FACT	S
SERVING SIZE 1 Co	okie (1.50 oz.) (43g)
Amount per serving Calories	190
%D	aily Value*
Total Fat 10g	13%
Saturated Fat 4g	20%
Trans Fat Og	
Cholesterol 5mg	2%
Sodium 200mg	9%
Total Carbohydrate 23g	8%
Dietary Fiber 1g	4%
Total Sugars 14g	
Includes 14g Added Sugars	28%
Protein 3g	
Vitamin D Omcg	0%
Calcium 14mg	2%
Iron 1mg	<b>6%</b>
Potassium 89mg	2%
*The % Daily Value tells you how much a sering of food contributes to a daily diet. a day is used for general nutriton advice	
Calories per gram: Fat 9 • Carbohydrate 4 •	Protein 4

#### Ingredients: Enriched Wheat Flour

(unbleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, and folic acid), Peanut Butter Drops (Sugar, Palm Kernel and Palm Oil, Defatted Peanut Flour, Nonfat Milk Powder, Dextrose, Salt and Soy Lecithin (an emulsifier)), Peanut Butter (dry roasted Peanuts, dextrose, hydrogenated cottonseed, rapeseed oil, and salt.), O Trans Fat Palm Soy Blend Margarine (soybean oil and/or palm oil, water, salt, mono and diglycerides, soy lecithin, natural flavor, annatto color, vitamin A palmitate), Brown Sugar, Sugar, Water, Invert Sugar, Eggs (pasteurized), Modified Food Starch, Salt, Soy Lecithin, Whey Protein, Baking Soda, Guar Gum, N & A Flavoring.

Contains Egg, Milk, Soy, Wheat. (May contain trace amounts of treenuts and peanuts)

#### WHITE CHUNK MACADAMIA NUT

NUTRITION FACTS	
SERVING SIZE	1 Cookie (1.50 oz.) (43g)
Amount per serving Calories	200
	%Daily Value*
Total Fat 10g	13%
Saturated Fat 4.5g	23%
Trans Fat Og	
Cholesterol 5mg	2%
Sodium 190mg	8%
Total Carbohydrate 25g	9%
Dietary Fiber Og	0%
Total Sugars 15g	
Includes 8g Added Su	ıgars 16%
Protein 2g	
Vitamin D Omcg	0%
Calcium 23mg	2%
Iron 1mg	6%
Potassium 42mg	2%
*The % Daily Value tells you ho sering of food contributes to a d a day is used for general nutrito	aily diet. 2,000 calories
Calories per gram: Fat 9 • Carbohydrat	e 4 • Protein 4

**Ingredients:** Enriched Wheat Flour (unbleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, and folic acid), White Confectionery Chunks (sugar, palm kernel oil, nonfat milk powder, whey powder, palm oil, soy lecithin, vanilla), Brown Sugar, O Trans Fat Palm Soy Blend Margarine (soybean oil and/or palm oil, water, salt, mono and diglycerides, soy lecithin, natural flavor, annatto color, vitamin A palmitate), Macadamia Nuts, Sugar, Water, Invert Sugar, Butter, Eggs (pasteurized), Modified Food Starch, Salt, N & A Flavoring, Whey Protein, Baking Soda, Soy Lecithin, Guar Gum.

Contains Egg, Milk, Soy, Wheat. (May contain trace amounts of treenuts and peanuts)

### DOUBLE CHOCOLATE CHUNK

NUTRITION	FACTS
SERVING SIZE	1 Cookie (1.50 oz. (43g
Amount per serving Calories	180
	%Daily Value*
Total Fat 7g	9%
Saturated Fat 3.5g	18%
Trans Fat Og	
Cholesterol 5mg	2%
Sodium 180mg	8%
Total Carbohydrate 28g	10%
Dietary Fiber Og	0%
Total Sugars 17g	
Includes 10g Added S	Sugars 20%
Protein 2g	
Vitamin D Omcg	0%
Calcium 10mg	0%
Iron 2mg	10%
Potassium 117mg	2%
*The % Daily Value tells you hav sering of food contributes to a d a day is used for general nutrito	aily diet. 2,000 calories
Calories per gram: Fat 9 • Carbohydrate	e 4 • Protein 4

**Ingredients:** Enriched Wheat Flour (unbleached and bleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, and folic acid), Chocolate Chunks (Sugar, unsweetened chocolate, cocoa butter, anhydrous dextrose, unsweetened chocolate [processed with alkali], soya lecithin, vanillin, vanilla extract.[May contain milk]), Sugar, O Trans Fat Palm Soy Blend Margarine (soybean oil and/or palm oil, water, salt, mono and diglycerides, soy lecithin, natural flavor, annatto color, vitamin A palmitate), Water, Invert Sugar, Cocoa (alkalized), Butter, Eggs (pasteurized), Salt, Soy Lecithin, Molasses, Baking Soda, Whey Protein, N & A Flavoring.

Contains Egg, Milk, Soy, Wheat. (May contain trace amounts of treenuts and peanuts)

### M&M<sub>®</sub>

Beverly Ann's

NUTRITION FACTS	
SERVING SIZE	1 Cookie (1.50 oz.) (43g)
Amount per serving Calories	180
	%Daily Value*
Total Fat 7g	9%
Saturated Fat 2g	10%
Trans Fat Og	
Cholesterol 10mg	3%
Sodium 220mg	10%
Total Carbohydrate 27g	10%
Dietary Fiber Og	0%
Total Sugars 15g	
Includes 10g Added S	Sugars <b>20%</b>
Protein 2g	
Vitamin D Omcg	0%
Calcium 21mg	2%
Iron 1mg	6%
Potassium 53mg	2%
*The % Daily Value tells you ho sering of food contributes to a d a day is used for general nutrito	aily diet. 2,000 calories
Calories per gram: Fat 9 • Carbohydrat	e 4 • Protein 4

#### Ingredients: Enriched Wheat Flour

(unbleached and bleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, and folic acid), M&M'S® Plain Candy (milk chocolate [sugar, chocolate, skim milk, cocoa butter, lactose, milkfat, soy lecithin, salt, artificial flavors], sugar, cornstarch, less than 1% - corn syrup, dextrin, coloring includes [blue 1 lake, red 40 lake, yellow 6, yellow 5, red 40, blue 1, blue 2 lake, yellow 6 lake, yellow 5 lake, blue 2], gum acacia), 0 Trans Fat Palm Soy Blend Margarine (soybean oil and/or palm oil, water, salt, mono and diglycerides, soy lecithin, natural flavor, annatto color, vitamin A palmitate), Brown Sugar, Sugar, Water, Invert Sugar, Butter, Eggs (pasteurized), Modified Food Starch, Salt, N & A Flavoring, Whey Protein, Baking Soda, Soy Lecithin, Guar Gum.

Contains Egg, Milk, Soy, Wheat. (May contain trace amounts of treenuts and peanuts)

## **RED VELVET**

NUTRITION FACTS	
SERVING SIZE	1 Cookie (1.50 oz.) (43g)
Amount per serving Calories	170
	%Daily Value*
Total Fat 7g	<b>9%</b>
Saturated Fat 4g	20%
Trans Fat Og	
Cholesterol 15mg	5%
Sodium 140mg	6%
Total Carbohydrate 25g	9%
Dietary Fiber Og	0%
Total Sugars 15g	
Includes 11g Added S	ugars <b>22%</b>
Protein 2g	
Vitamin D Omcg	0%
Calcium 23mg	2%
lron 1mg	6%
Potassium 40mg	2%
*The % Daily Value tells you how sering of food contributes to a do a day is used for general nutritor	aily diet. 2,000 calories
Calories per gram: Fat 9 • Carbohydrate	4 • Protein 4

**Ingredients:** Enriched Wheat Flour (unbleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, and folic acid), White Confectionery Chunks (sugar, palm kernel oil, nonfat milk powder, whey powder, palm oil, soy lecithin, vanilla), Brown Sugar, O Trans Fat Palm Soy Blend Margarine (soybean oil and/or palm oil, water, salt, mono and diglycerides, soy lecithin, natural flavor, annatto color, vitamin A palmitate), Macadamia Nuts, Sugar, Water, Invert Sugar, Butter, Eggs (pasteurized), Modified Food Starch, Salt, N & A Flavoring, Whey Protein, Baking Soda, Soy Lecithin, Guar Gum.

Contains Egg, Milk, Soy, Wheat. (May contain trace amounts of treenuts and peanuts)

### **SNICKERDOODLE**

NUTRITION FA	CTS
SERVING SIZE	Cookie (1.50 oz.) (44g)
Amount per serving Calories	180
9	6Daily Value*
Total Fat 7g	9%
Saturated Fat 2.5g	13%
Trans Fat Og	
Cholesterol 5mg	2%
Sodium 210mg	9%
Total Carbohydrate 27g	10%
Dietary Fiber Og	0%
Total Sugars 14g	
Includes 13g Added Suga	rs <b>26%</b>
Protein 2g	
Vitamin D Omcg	0%
Calcium 17mg	2%
lron 1mg	6%
Potassium 36mg	2%
*The % Daily Value tells you how muu sering of food contributes to a daily d a day is used for general nutriton adv	iet. 2,000 calories
Calories per gram: Fat 9 • Carbohydrate 4	• Protein 4

Ingredients: Sugar Cookie [Enriched Wheat Flour (bleached and unbleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin and folic acid), Sugar, O Trans Fat Palm Soy Blend Margarine (soy bean oil and/or palm oil, water, salt, mono and Diglycerides, soy lecithin, natural flavor, annatto color, vitamin A Palmitate), Eggs (pasteurized), Nonfat Dry Milk, Modified Food Starch, Whey Protein, Invert Sugar, Salt, Baking Soda, Soy Lecithin, N & A Flavoring, Natural Flavor, Guar Gum], Cinnamon Sugar (Sugar, Cinnamon, and Extractives of Cinnamon).

Contains Egg, Milk, Peanut, Soy, Tree Nuts, Wheat. (May contain trace amounts of treenuts and peanuts)

## CARNIVAL

NUTRITION FACTS	
SERVING SIZE 1 C	ookie (1.50 oz.) (51g)
Amount per serving Calories	220
%	Daily Value*
Total Fat 9g	12%
Saturated Fat 4g	20%
Trans Fat Og	
Cholesterol 5mg	2%
Sodium 210mg	9%
Total Carbohydrate 32g	12%
Dietary Fiber Og	0%
Total Sugars 16g	
Includes 15g Added Sugars	30%
Protein 2g	
Vitamin D Omcg	0%
Calcium 17mg	2%
lron 1mg	6%
Potassium 36mg	0%
*The % Daily Value tells you how much sering of food contributes to a daily die a day is used for general nutriton advic	t. 2,000 calories
Calories per gram: Fat 9 • Carbohydrate 4	Protein 4

Ingredients: Sugar Cookie [Enriched Wheat Flour (bleached and unbleached wheat flour, niacin, reduced iron, thiaminemononitrate, riboflavin and folic acid), Sugar, O Trans Fat Palm Soy Blend Margarine (soy bean oil and/or palm oil, water, salt, mono and Diglycerides, soy lecithin, natural flavor, annatto color, vitamin A Palmitate), Eggs (pasteurized), Nonfat Dry Milk, Modified Food Starch, Whey Protein, Invert Sugar, Salt, Baking Soda, Soy Lecithin, N & A Flavoring, Natural Flavor, Guar Gum], Carnival Blend Decorettes [Sugar, Corn Starch, Vegetable Oil (palm, palm kernel), Dextrin, Soy Lecithin, Confectioner's Glaze, Natural and Artificial Flavor, Red 40 Lake, Carnauba Wax, Yellow 6 Lake, Blue 1 Lake, Yellow 5 Lake, Red 3, Blue 1, Red 40].

Contains Egg, Milk, Peanut, Soy, Tree Nuts, Wheat. (May contain trace amounts of treenuts and peanuts)

# **ICE CREAM**

## Vanilla

NUTRITION FACTS	
SERVING SIZE	(100g
Amount per serving Calories	210
%Da	ily Value*
Total Fat 11g	14%
Saturated Fat 7g	35%
Trans Fat Og	
Cholesterol 45mg	15%
Sodium 65mg	3%
Total Carbohydrate 23g	8%
Dietary Fiber Og	0%
Total Sugars 17g	
Includes 11g Added Sugars	22%
Protein 3g	
Vitamin D Omcg	0%
Calcium 110mg	8%
Iron Omg	0%
Potassium 130mg	2%

sering of food contributes to a daily diet. 2,000 calories a day is used for general nutriton advice

Ingredients: Milkfat and nonfat milk, sugar, corn syrup, high fructose corn syrup, sweetcream buttermilk, whey, contains less than 2% of guar gum, mono & diglycerides, xanthan gum, polysorbate 80, cellulose gum, carrageenan, artificial flavor, annatto (color).

Contains Milk

## Chocolate

NUTRITION FACTS	
SERVING SIZE	(100g)
Amount per serving	000
Calories	200
%Da	ily Value*
Total Fat 9g	12%
Saturated Fat 6g	30%
Trans Fat Og	
Cholesterol 35mg	12%
Sodium 65mg	3%
Total Carbohydrate 25g	9%
Dietary Fiber 1g	4%
Total Sugars 17g	
Includes 13g Added Sugars	26%
Protein 3g	
Vitamin D Omcg	0%
Calcium 130mg	10%
0	6%
Iron 1.1mg	6%
Potassium 280mg	0%
*The % Daily Value tells you how much a sering of food contributes to a daily diet. 2	

a day is used for general nutriton advice

Ingredients: Milkfat and nonfat milk, sugar, corn syrup, high fructose corn syrup, cocoa (processed with alkali), sweetcream buttermilk, whey, contains less than 2% of guar gum, mono and diglycerides, xanthan gum, polysorbate 80, cellulose gum, carrageenan.

Contains Milk

## **Strawberry**

NUTRITION FACTS	
SERVING SIZE	(100g
Amount per serving Calories	190
%Dc	ily Value*
Total Fat 9g	12%
Saturated Fat 6g	30%
Trans Fat Og	
Cholesterol 35mg	12%
Sodium 60mg	3%
Total Carbohydrate 25g	9%
Dietary Fiber Og	0%
Total Sugars 21g	
Includes 13g Added Sugars	26%
Protein 3g	
Vitamin D Omcg	0%
Calcium 120mg	10%
Iron Omg	0%
Potassium 180mg	4%

sering of food contributes to a daily diet. 2,000 calories a day is used for general nutriton advice

Ingredients: Milkfat and nonfat milk, sugar, strawberries (strawberries, water, corn syrup, corn starch - modified, sugar, natural flavors, citric acid, xanthan gum, sodium benzoate and potassium sorbate (preservative), carrageenan, Red 40), corn syrup, high fructose corn syrup, sweetcream buttermilk, whey, contains less than 2% of mono and diglycerides, cellulose gum, guar gum, carrageenan, locust bean gum, strawberry seeds, natural flavor, Red 40, Blue 1.

## Vanilla Bean

Beverly Ann's

NUTRITION FACTS	
SERVING SIZE	(100g
Amount per serving Calories	200
%D	aily Value*
Total Fat 10g	13%
Saturated Fat 7g	35%
Trans Fat Og	
Cholesterol 40mg	13%
Sodium 60mg	3%
Total Carbohydrate 25g	<b>9</b> %
Dietary Fiber Og	0%
Total Sugars 19g	
Includes 13g Added Sugars	26%
Protein 3g	
Vitamin D Omcg	0%
Calcium 120mg	10%
Iron Omg	0%
Potassium 200mg	4%

sering of food contributes to a daily diet. 2,000 calories a day is used for general nutriton advice

**Ingredients:** Milkfat and nonfat milk, sugar, corn syrup, sweetcream buttermilk, whey, contains less than 2% of guar gum, mono and diglycerides, xanthan gum, polysorbate 80, cellulose gum, carrageenan, natural flavors, vanilla extract, ground vanilla beans.

Contains Milk

### Chocolate Chip Cookie Dough

NUTRITION FACTS	
SERVING SIZE	(100g)
Amount per serving Calories	220
%Dc	ily Value*
Total Fat 11g	14%
Saturated Fat 7g	35%
Trans Fat Og	
Cholesterol 35mg	12%
Sodium 95mg	4%
Total Carbohydrate 29g	11%
Dietary Fiber Og	0%
Total Sugars 22g	
Includes 17g Added Sugars	34%
Protein 3g	
Vitamin D Omcg	0%
Calcium 110mg	8%
Iron .4mg	2%
Potassium 190mg	4%

a day is used for general nutriton advice

Ingredients: Milkfat and nonfat milk, sugar, cookie dough with chips {wheat flour, sugar, brown sugar (sugar, molasses), margarine [soybean oil, palm oil, water, salt, vegetable mono and diglycerides, soy lecithin, sodium benzoate (preservative), natural flavor, annatto (color), vitamin A palmitate], chocolate chips [sugar, chocolate liquor, cocoa butter, soy lecithin, artificial flavor], water, vanilla flavorings, salt, baking soda}, corn syrup, chocolate flavored flakes [sugar, hydrogenated coconut oil, cocoa, cocoa (processed with alkali), coconut oil, soy lecithin, salt, vanilla extract], sweetcream buttermilk, contains less than 2% of whey, brown sugar, molasses, natural flavors, guar gum, mono and diglycerides, xanthan gum, polysorbate 80, cellulose gum, carrageenan, salt, annatto (color).

Contains Wheat, Milk, Soy

### Cookies N' Cream

SERVING SIZE	(100g
Amount per serving Calories	220
	ly Value <sup>3</sup>
Total Fat 11g	14%
Saturated Fat 7g	35%
Trans Fat Og	
Cholesterol 40mg	13%
Sodium 85mg	4%
Total Carbohydrate 28g	10%
Dietary Fiber Og	0%
Total Sugars 21g	
Includes 16g Added Sugars	32%
Protein 3g	
Vitamin D Omcg	0%
Calcium 110mg	8%
Iron .4mg	2%
Potassium 190mg	4%

**Ingredients:** Milkfat and nonfat milk, sugar, cookies [sugar, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), vegetable oil (palm, soybean and palm kernel oil), cocoa processed with alkali, cornstarch, contains 2% or less of soy lecithin, chocolate, salt, baking soda, natural flavor, whey], corn syrup, sweetcream buttermilk, whey, contains less than 2% of artificial flavor, guar gum, mono and diglycerides, xanthan gum, polysorbate 80, cellulose gum, carrageenan, annatto (color).

a day is used for general nutriton advice

Contains Wheat, Milk, Soy

#### Mint Chocolate Chip

Beverly Ann's

NUTRITION FACTS	
SERVING SIZE	(100g)
Amount per serving Calories	220
%	Daily Value*
Total Fat 11g	14%
Saturated Fat 8g	40%
Trans Fat Og	
Cholesterol 40mg	13%
Sodium 75mg	3%
Total Carbohydrate 27g	10%
Dietary Fiber Og	0%
Total Sugars 21g	
Includes 16g Added Sugar	s <b>32%</b>
Protein 3g	
Vitamin D Omcg	0%
Calcium 110mg	8%
Iron .4mg	2%
Potassium 200mg	4%

#### sering of food contributes to a daily diet. 2,000 calorie a day is used for general nutriton advice

**Ingredients:** Milkfat and nonfat milk, sugar, chocolate flavored flakes [sugar, hydrogenated coconut oil, cocoa, cocoa (processed with alkali), coconut oil, soy lecithin, salt, vanilla extract], corn syrup, sweetcream buttermilk, whey, contains less than 2% of guar gum, mono and diglycerides, xanthan gum, polysorbate 80, cellulose gum, carrageenan, natural flavor, Yellow 5, Blue 1.

Contains Milk, Soy

#### Caramel Caribou

NUTRITION FACTS	
SERVING SIZE	(100g
Amount per serving Calories	230
%	Daily Value
Total Fat 8g	10%
Saturated Fat 5g	25%
Trans Fat Og	
Cholesterol 25mg	8%
Sodium 90mg	4%
Total Carbohydrate 38g	14%
Dietary Fiber Og	0%
Total Sugars 29g	
Includes 21g Added Sugars	42%
Protein 2g	
Vitamin D Omcg	0%
Calcium 100mg	8%
Iron Omg	0%
Potassium 190mg	4%

a day is used for general nutriton advice

Ingredients: Buttermilk, sugar, caramel syrup [corn syrup, high fructose corn syrup, sugar, water, butter (cream, salt), buttermilk powder, nonfat dry milk, pectin, mono and diglycerides, salt, potassium sorbate (preservative), sodium bicarbonate, xanthan gum, sodium citrate], cream, corn syrup, chocolate caramel turtles [sugar, coconut oil, corn syrup, sweetened condensed milk (milk, sugar), nonfat milk, whole milk, cocoa processed with alkali, cream, butter (cream, salt), palm kernel oil, soy lecithin, natural and artificial flavors, salt, potassium sorbate (preservative)], whey, maltodextrin, contains less than 2% of chocolate coated pecans [pecans (pecans, cottonseed oil), sugar, coconut and palm kernel oil, cocoa processed with alkali, soy lecithin, salt, natural flavor, milk], mono and diglycerides, guar gum, locust bean gum, calcium sulfate, polysorbate 80, carrageenan, natural flavors, annatto (color).

### White Chocolate Rasberry Fudge

SERVING SIZE	(100g
Amount per serving Calories	220
%Da	ily Value*
Total Fat 10g	13%
Saturated Fat 7g	35%
Trans Fat Og	
Cholesterol 35mg	12%
Sodium 75mg	3%
Total Carbohydrate 31g	11%
Dietary Fiber Og	0%
Total Sugars 25g	
Includes 19g Added Sugars	38%
Protein 3g	
Vitamin D Omcg	0%
Calcium 100mg	8%
Iron Omg	0%
Potassium 200mg	4%

a sering of food contributes to a daily diet. 2,000 calories a day is used for general nutriton advice

**Ingredients:** Milkfat and nonfat milk, sugar, red raspberry sauce (corn syrup, raspberries, sugar, high fructose corn syrup, water, pectin, malic acid, locust bean gum, natural flavor, citric acid, calcium lactate, sodium citrate), corn syrup, sweetcream buttermilk, fudge piece [sugar, soybean oil, coconut oil, cocoa (processed with alkali), cocoa, vanilla, soy lecithin], whey, contains less than 2% of high fructose corn syrup, cocoa butter, corn starch modified, citric acid, natural flavor, guar gum, mono and diglycerides, xanthan gum, polysorbate 80, cellulose gum, carrageenan, salt.

Contains Milk, Soy

## Vanilla

NUTRITION FACTS	
SERVING SIZE	(100g
Amount per serving Calories	200
%D	aily Value*
Total Fat 10g	13%
Saturated Fat 6g	30%
Trans Fat Og	
Cholesterol 40mg	13%
Sodium 80mg	3%
Total Carbohydrate 22g	8%
Dietary Fiber Og	0%
Total Sugars 22g	
Includes 15g Added Sugars	30%
Protein 5g	
Vitamin D Omcg	0%
Calcium 180mg	15%
Iron .3mg	2%
Potassium 250mg	6%

sering of food contributes to a daily diet. 2,000 calorie a day is used for general nutriton advice

**Ingredients:** Milk, cream, sugar, skim milk, high fructose corn syrup, natural and artificial vanilla flavor, cellulose gum, vegetable gums (guar, carrageenan, carob bean), salt, annatto color.

Contains Milk

## **Dutch Choco**late

NUTRITION FACTS	
SERVING SIZE	(100g)
Amount per serving Calories	210
	ily Value*
Total Fat 12g	15%
Saturated Fat 8g	40%
Trans Fat Og	
Cholesterol 40mg	13%
Sodium 60mg	3%
Total Carbohydrate 24g	<b>9%</b>
Dietary Fiber less than 1g	4%
Total Sugars 22g	
Includes 16g Added Sugars	32%
Protein 4g	
Vitamin D .4mcg	2%
Calcium 130mg	10%
Iron 1.1mg	6%
Potassium 270mg	6%
*The % Daily Value tells you how much a sering of food contributes to a daily diet. 2	

sering of food contributes to a daily diet. 2,000 calories a day is used for general nutriton advice

**Ingredients:** Milk, cream, skim milk, sugar, high fructose corn syrup, cocoa (processed with alkali), cellulose gum, vegetable gums (guar, carrageenan, carob bean), salt.

Contains Milk

## Strawberry

NUTRITION FACTS	
SERVING SIZE	(100g
Amount per serving Calories	190
%Dc	aily Value*
Total Fat 9g	12%
Saturated Fat 5g	25%
Trans Fat Og	
Cholesterol 25mg	8%
Sodium 50mg	2%
Total Carbohydrate 28g	10%
Dietary Fiber Og	0%
Total Sugars 26g	
Includes 19g Added Sugars	38%
Protein 3g	
Vitamin D Omcg	0%
Calcium 130mg	10%
Iron Omg	0%
Potassium 180mg	4%

sering of food contributes to a daily diet. 2,000 calories a day is used for general nutriton advice

**Ingredients:** Milk, cream, skim milk, sugar, strawberries, high fructose corn syrup, corn syrup, modified corn starch, citric acid, artificial color (includes red 40, red 3, blue 1), stabilizers (cellulose gum, guar gum, carrageenan, carob bean gum), natural and artificial flavor, annatto color, caramel color.

## Vanilla Bean

NUTRITION FACTS	
SERVING SIZE	(100g)
Amount per serving <b>Calories</b>	210
%Dai	ly Value*
Total Fat 10g	13%
Saturated Fat 6g	30%
Trans Fat Og	
Cholesterol 35mg	12%
Sodium 60mg	3%
Total Carbohydrate 24g	<b>9</b> %
Dietary Fiber Og	0%
Total Sugars 23g	
Includes 17g Added Sugars	34%
Protein 4g	
Vitamia D. Aman	2%
Vitamin D 4mcg	2% 10%
Calcium 160mg	0%
Iron Omg Potassium 210mg	0% 4%
*The % Daily Value tells you how much a nu sering of food contributes to a daily diet. 2,0	utrient in a

#### sering of food contributes to a daily diet. 2,000 calories a day is used for general nutriton advice

**Ingredients:** Milk, cream, sugar, skim milk, natural vanilla flavor, natural vanilla beans, natural vegetable gums (guar, carob bean).

Contains Milk

## Milk Chocolate

NUTRITION FACTS	
SERVING SIZE	(100g)
Amount per serving <b>Calories</b>	220
%Da	ily Value*
Total Fat 10g	13%
Saturated Fat 6g	30%
Trans Fat Og	
Cholesterol 35mg	12%
Sodium 90mg	4%
Total Carbohydrate 26g	<b>9%</b>
Dietary Fiber 1g	4%
Total Sugars 24g	
Includes 16g Added Sugars	32%
Protein 4g	
Vitamin D Omcg	0%
Calcium 190mg	15%
Iron .9mg	6%
Potassium 320mg	6%
*The % Daily Value tells you how much a r sering of food contributes to a daily diet. 2,	

sering of food contributes to a daily diet. 2,000 calories a day is used for general nutriton advice

**Ingredients:** Milk, skim milk, cream, sugar, cocoa (processed with alkali), cellulose gum, vegetable gums (guar, carrageenan, carob bean), salt.

Contains Milk

## **Cake Batter**

NUTRITION FACTS	
SERVING SIZE	(100g
Amount per serving Calories	220
%Da	ily Value'
Total Fat 11g	14%
Saturated Fat 7g	35%
Trans Fat Og	
Cholesterol 40mg	13%
Sodium 65mg	3%
Total Carbohydrate 23g	8%
Dietary Fiber Og	0%
Total Sugars 22g	
Includes 15g Added Sugars	30%
Protein 5g	
Vitamin D 0.5mcg	2%
Calcium 160mg	10%
Iron Omg	0%
Potassium 200mg	4%

a sering of food contributes to a daily diet. 2,000 calories a day is used for general nutriton advice

**Ingredients:** Milk, cream, skim milk, sugar, high fructose corn syrup, corn syrup, cellulose gum, vegetable gums (guar, carrageenan, carob bean), artificial flavor, annatto color.

### Chocolate Chip Cookie Dough

**Beverly Ann's** 

SERVING SIZE	(100g
Amount per serving Calories	260
%	Daily Value*
Total Fat 12g	15%
Saturated Fat 7g	35%
Trans Fat Og	
Cholesterol 30mg	10%
Sodium 100mg	4%
Total Carbohydrate 34g	12%
Dietary Fiber Og	0%
Total Sugars 24g	
Includes 18g Added Sugars	3 <b>6%</b>
Protein 4g	
Vitamin D Omcg	0%
Calcium 130mg	10%
Iron Omg	0%
Potassium 190mg	4%

sering of food contributes to a daily diet. 2,000 calorie a day is used for general nutriton advice

Ingredients: Milk, cream, skim milk, chocolate chip cookie dough pieces {wheat flour, powdered sugar (sugar, corn starch), brown sugar, margarine [palm oil, water, soybean oil, salt, whey, soy mono- and diglycerides, soy lecithin, natural butter flavor, beta carotene (color), vitamin A palmitate added], soybean oil, chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin, vanilla), water, corn starch, baking soda, natural and artificial vanilla flavor, salt}, corn syrup, high fructose corn syrup, brown sugar, sugar, chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin, vanilla), natural and artificial vanilla flavor, cellulose gum, vegetable gums (guar, carrageenan, carob bean), annatto color.

Contains Milk, Soy, Wheat

## Cinnamon

NUTRITION FACTS	
SERVING SIZE	(100g)
Amount per serving Calories	210
~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	aily Value*
Total Fat 11g	14%
Saturated Fat 7g	35%
Trans Fat Og	
Cholesterol 40mg	13%
Sodium 65mg	3%
Total Carbohydrate 23g	8%
Dietary Fiber Og	0%
Total Sugars 22g	
Includes 15g Added Sugars	30%
Protein 5g	
Vitamin D Omcg	0%
Calcium 160mg	10%
Iron Omg	0%
Potassium 210mg	4%
*The % Daily Value tells you how much sering of food contributes to a daily diet. a day is used for general nutriton advice	2,000 calories

**Ingredients:** Milk, cream, sugar, skim milk, high fructose corn syrup, corn syrup, cinnamon, natural and artificial flavor, cellulose gum, vegetable gums (guar, carrageenan, carob bean), caramel color, annatto color.

Contains Milk

**Ingredients:** Milk, cream, sugar, skim milk, chocolate crème filled cookies [sugar, wheat flour, palm oil, cocoa (processed with alkali), high fructose corn syrup, soy lecithin, natural and artificial flavor, salt, baking soda], high fructose corn syrup, corn syrup, natural and artificial flavor, cellulose gum, vegetable gums (guar, carrageenan, carob bean), annatto color.

Contains Milk, Soy, Wheat

### **Cookies & Cream**

NUTRITION FACTS		
SERVING SIZE	(100g	
Amount per serving Calories	240	
%D	aily Value'	
Total Fat 12g	15%	
Saturated Fat 8g	40%	
Trans Fat Og		
Cholesterol 35mg	12%	
Sodium 110mg	5%	
Total Carbohydrate 29g	11%	
Dietary Fiber Og	0%	
Total Sugars 23g		
Includes 18g Added Sugars	36%	
Protein 4g		
Vitamin D Omcg	0%	
Calcium 140mg	10%	
Iron 0.7mg	4%	
Potassium 210mg	4%	

\* The % Daily Value tells you how much a nutrient in a sering of food contributes to a daily diet. 2,000 calories a day is used for general nutriton advice

## **Cotton Candy**

**Beverly Ann's** 

NUTRITION FACTS	
SERVING SIZE	(100g)
Amount per serving Calories	220
%	Daily Value*
Total Fat 11g	14%
Saturated Fat 7g	35%
Trans Fat Og	
Cholesterol 40mg	13%
Sodium 65mg	3%
Total Carbohydrate 23g	8%
Dietary Fiber Og	0%
Total Sugars 22g	
Includes 15g Added Sugar	s <b>30%</b>
Protein 5g	
Vitamin D Omcg	2%
Calcium 160mg	10%
Iron Omg	0%
Potassium 200mg	4%

#### sering of food contributes to a daily diet. 2,000 calorie a day is used for general nutriton advice

**Ingredients:** Milk, cream, skim milk, sugar, high fructose corn syrup, corn syrup, natural and artificial flavor, stabilizers (cellulose gum, guar gum, carrageenan, carob bean gum), artificial color (includes red 3, red 40, blue 1).

Contains Milk

## Sea Salt Caramel

SERVING SIZE	(100g
Amount per serving Calories	220
	ly Value'
Total Fat 11g	14%
Saturated Fat 7g	35%
Trans Fat Og	
Cholesterol 30mg	10%
Sodium 150mg	7%
Total Carbohydrate 27g	10%
Dietary Fiber Og	0%
Total Sugars 24g	
Includes 18g Added Sugars	36%
Protein 4g	
Vitamin D Omcg	0%
Calcium 150mg	10%
Iron Omg	0%
Potassium 200mg	4%

a day is used for general nutriton advice

**Ingredients:** Milk, cream, skim milk, sugar, corn syrup, water, high fructose corn syrup, brown sugar, butter (cream, salt), coconut oil, sea salt, modified food starch, natural and artificial flavor, cellulose gum, vegetable gums (guar, carrageenan, carob bean), caramel color, soy mono- and diglycerides, artificial color (red 40), turmeric color, annatto color.